

help is just a phone call away

## Integrated Case Management Services

The ICMS philosophy is based on a person-centered approach to treatment, utilizing the individual's available resources, supports and strengths. ICMS believes in the importance of working with the individual's expressed needs and goals, and supporting the individual's values, rights and abilities to live a life that is within their capacity.

**Program Goals:** Utilizing a team approach, ICMS strives to assure participants that someone will be there for support, assistance, referrals and guidance in an effort to achieve and maintain stabilization outside the hospital environment.

- Increase the individual's ability to manage his or her mental health needs within the community, rather than utilizing emergency or inpatient services
- Enhance the individual's ability to reintegrate into the community with increased support via case management
- Identify possible service gaps and break down barriers that impede the individual's ability to maintain stabilization outside the hospital environment
- Avoid re-hospitalizations
- Enhance or maintain the individual's level of functioning and/or quality of life

### Specialized Services

- Comprehensive Assessment and Case Management
- Extensive Outreach and Advocacy
- Psycho-education and Supportive Counseling
- Family Support Services
- Medication Counseling
- Linkage to Primary Medical Care
- Referral and Linkage to Community Services

**For more information or to register...**

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