

# Your mind is connected to the rest of your body. So why would you treat it separately?

Making the mind and body connection in health care isn't a new concept. It's just that treatment has often been "disconnected"... requiring separate visits to multiple doctors at different locations.

If you or a loved one is struggling with a mental illness or substance abuse problem, it's time to consider a new alternative to care. An integrated mind and body approach to recovery and wellness that includes mental health care professionals working side-by-side with doctors who serve your physical care needs. All under one roof, in a comfortable outpatient setting. **Helping you to get healthy in mind and body...so you can reconnect to the rest of your life.**

**For more information or to make an appointment,  
call us today at 201-986-5024.**



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