

help is just a phone call away

## Partial Care Services

**A full service day treatment program assisting individuals with mental illness to integrate and maintain their status as contributing members of the Bergen County Community.**

CarePlus accomplishes this by utilizing a comprehensive and holistic approach focusing on integrated healthcare. The program is designed to maximize healthy lifestyles, while minimizing relapse and re-hospitalization. Individuals are empowered to fulfill their highest level of functioning through the services offered by working with staff on a jointly planned therapeutic milieu.

### Specialized Services

- Individualized Recovery Planning
- Life Skills Development
- Pre-vocational Services and Dual Diagnosis Services
- Psychiatric Evaluations
- Medication Monitoring and Education
- Case Management
- Psycho-educational & Skills Building Groups
- Connecting to Community Resources
- Medicaid or Self-Pay Accepted
- Access to Prescribing Clinician, Nursing Staff, and Case Manager

### *Partial Care Hours:*

*Monday - Friday*

*8:30 am - 3:30 pm*

*Flexible Hours Available*

**To Access Partial Care Services: 201.986.5000**



*Healthy minds, healthy bodies.™*

Care Plus NJ, Inc. Headquarters 610 Valley Health Plaza, Paramus, NJ 07652 | ph 201-265-8200

For more information on the services offered by CarePlus, visit [www.CarePlusNJ.org](http://www.CarePlusNJ.org)