

Parent Guidance

In-Home Parenting Support and Education

The Parent Guidance Program is a psycho-educational program dedicated specifically to the enhancement of parenting skills through the provision of in-home support, mentorship, empowerment, and education.

Program Goals: To improve the quality of family life through support and education for families struggling with effective parenting skills, or children's/parents' behavioral/emotional issues by providing support and education on a broad spectrum of parenting issues.

Specialized Services:

- Assist parents in assessing family needs and defining specific changes families can make to improve overall family functioning and child behavior
- Provide education and literature to parents regarding child development and age-appropriate expectations and consequences
- Provide support and empowerment to "coach" parents to utilize improved parenting skills
- Real world scenarios

For more information or to register...

Call Leah Halka at (201) 796-9482 x166
or email LeahH@CarePlusNJ.org

Our Philosophy:

Coping skills and strengths developed in childhood carry into adult life, helping individuals reach their full potential. With this in mind, we strive to deliver programming and resources that assist individuals in navigating our complicated world.



healing one another...together