

# Families First

## Building Relationships, Preserving Families

Families First is Bergen county's Family Preservation Services Program. It provides goal-oriented services to reduce the risk of out-of-home placement for children with DCP&P involvement.

**Program Goals:** To prevent out-of-home placement by providing short-term, intensive in-home family education and crisis intervention to families with children at risk of out-of-home placement, or who are being reunified from out-of-home placement

### Specialized Services

- In-Home Crisis Intervention
- Parenting Skills
- Counseling
- Psycho-Education
- Cognitive and Behavioral Models
- Short-term Case Management
- Intervention lasts 4-8 weeks
- Low Caseload
- Family therapist caseload: 2 families
- Responsive and Accessible
- Family contact within 24 hrs of referral
- 24/7 staff availability to families

**For more information or to register...**

Call Karina Davignon at 201-797-2660 ext. 151  
or email [KarinaZ@careplusnj.org](mailto:KarinaZ@careplusnj.org)



### Our Philosophy:

*Coping skills and strengths developed in childhood carry into adult life, helping individuals reach their full potential. With this in mind, we strive to deliver programming and resources that assist individuals in navigating our complicated world.*

healing one another...together