

Healthy minds, healthy bodies.™

Services for the Treatment of Co-Occurring Disorders

CarePlus offers a variety of outpatient programs and services for individuals seeking a pathway to recovery

It's very common for individuals to experience mental health challenges – such as depression and anxiety – along with alcohol and drug addiction. That's why CarePlus takes a "holistic" approach to recovery by treating the mind and body as a whole. You'll be treated with respect and care by experienced clinicians who are dually licensed substance and mental health care counselors. And as a licensed ambulatory care center, we offer on-site medical health care services to ensure you have a complete care continuum.

Since 1978, CarePlus has been providing individuals and their families with the support and care they need to reach a level of recovery that allows them to live a healthy, fulfilled life. Let us help you find the same pathway to a healthy mind and body.

Outpatient Recovery Treatment & Care Services

While our clients come to us at various levels of recovery readiness, our clinical and peer support programs have shown to be effective in helping to move you forward, and to maintaining a healthier outlook and long-term sobriety. To ensure we meet the needs of our clients, we offer services for individuals and families, as well as intensive outpatient services for those who require it.

Integrated Case Management Services

For those individuals who have recently discharged from either a psychiatric hospital or inpatient substance abuse program, CarePlus offers case management services. We help ensure that walking out the doors doesn't mean the end of your treatment programs. Our team will work with you to ensure you get the care and services you need to maintain recovery and pursue rebuilding your life. That means discharge planning, establishing appropriate linkages to mental health providers, utilizing available community resources, advocating on your behalf, and many other services.

Take the first step to recovery... Call us at (201) 986-5000.

Our trained team will help you find the pathway that's right for you.



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For more information on the services offered by CarePlus, visit www.CarePlusNJ.org