

Addiction Services Program

An Evening Program for Substance Abuse & Co-Occurring Disorders

Turning Point at CarePlus offers a wide range of therapeutic services including 12 Step Recovery, Cognitive Behavioral Therapy, and Psychodynamic Psychotherapy to those 18 and older. The combination of our philosophies and practices are based on over 50 years of successful treatment experience.

Outpatient Program

The Outpatient Program consists of group and individual therapies. The program utilizes a psychoeducational curriculum to educate and support healthy decision making, healthy coping, refusal skills and relapse prevention.

Intensive Outpatient Program (IOP)

This program is designed to support people struggling with substance use disorders and any co-occurring disorders who need to continue working during the day or for those who have other daytime circumstances that would otherwise preclude them from attending treatment.

Specialized Services:

- Psychiatric Evaluation
- Medication Management
- Individual, Group, and Family Therapy Sessions
- Education and Integration
- Relapse Prevention
- Random Drug Screening
- Comprehensive and Continued Care Planning

For more information or to make a referral...

Call CarePlus Admissions at 201-986-5000.

Partnership in Recovery

Integrated substance abuse and mental health care
from Turning Point at CarePlus



*Who Should Attend
Adults 18 years of age
and older for those
struggling with substance
use disorders and any
co-occurring disorders.*

*How to Pay
We participate in most major
medical insurance plans
and offer a sliding scale fee
based on annual income and
ability to pay.*

*Location and Times
610 Valley Health Plaza
Paramus, NJ 07514
Mon-Thurs 6-9 pm*

**Get help today.
Call 201-986-5000**

Turning Point, Inc.
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680 Broadway, Suite 104
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973-239-4600
www.TurningPointNJ.org

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