

Making a Positive Impact in Classrooms, in Schools, in Communities

CarePlus offers custom-tailored, collaborative, school-based programs that offer the best of structured recreation, psycho-education, skill-building, and therapy in a non-stigmatizing school-based environment—plus wrap-around services to complete the care continuum.

Engaging youth in positive activities to enhance their growth and provide counseling and intervention can be extremely challenging. That's why CarePlus developed a variety of effective models that can be custom-tailored to your learning environment and student needs.

We base our models upon the philosophy that a

A student's chance to achieve success in school and in the community improves when provided with school-based therapeutic services.

student's chance to achieve success in school and in the community improves when there is easy access to school-based therapeutic services.

It's our goal to create access to an environment within the school that's safe and free of stigma, while offering structured recreation, psycho-education, skill-

building, and therapy from experienced professionals. With that access comes engagement, and with engagement we find that...

- Interpersonal interactions with friends, family, and the community improve.
- Grades improve.
- Overall outlook improves.

Our programs are designed around a collaboration with your school's practices and on-site therapeutic services to ensure a seamless, barrier-free environment to care. Each program is staffed by professionals experienced in youth development, therapy, and case management and backed by the CarePlus mission to help people foster and develop healthy minds and healthy bodies. Plus, children and parents get access to complete wrap-around care through CarePlus, a fully-licensed and accredited* mental health care organization, providing services to the community since 1978.

CarePlus is a NJ DMHAS-licensed and JCAHO-accredited mental health care organization with a care continuum for children and adults.

We can custom-tailor a program for your school to create the optimal environment for success, including...

- Individual counseling
- School clearances
- Skill-building groups including social skills, music therapy, anger management, and stress management
- Substance abuse programs specifically for adolescents
- Direct linkage to licensed and accredited community-based programs through CarePlus
- Educational workshops for faculty and parents
- Direct in-class support for students and teachers
- Collaborations with school team and outpatient resources
- Partnerships with child study teams as indicated by IEPs
- Outreach
- Case management
- Parent support groups
- After school recreation and summer programs
- Transitional programs to assist students with school and grade level changes

To find out how CarePlus School-Based Services can create a positive impact on your students, please call Tara Augustine at 201-986-5054.



Care Plus NJ, Inc. Headquarters
610 Valley Health Plaza, Paramus, NJ 07652 | ph 201-265-8200
Children & Family Services
17-07 Romaine Street, Fair Lawn, NJ 07410 | ph 201-797-2660
For more information on the services offered by CarePlus,
visit www.CarePlusNJ.org

* Care Plus NJ, Inc. is fully licensed by NJ Division of Mental Health and Addiction Services (DMHAS) and accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).

Snapshots of CarePlus School-Based Programs

Bright, happy environments...our custom-tailored school-based programs have students engaged within communities throughout Northern New Jersey.

Manchester Regional High School

Providing recreation, psycho-education, and therapeutic services for the entire student population throughout the year. Offerings include psycho-educational group events, along with student workshops, year-round individual, family and group counseling, and more, delivered in a bright, cheerful atmosphere.

New Milford

Providing cost-effective therapeutic services to students identified by the Child Study Team. Students stay in-district and receive services as indicated by the IEP. Close collaboration with the Child Study Team, plus psychosocial/school clearance assessments, counseling, and linkage to community-based resources as needed for elementary, middle, and high school students.

Irvington Middle & High School

Maintaining referred students in-district and increasing academic productivity in a safe, barrier-free environment. Offerings include individual and group counseling, risk assessments, case management, school-wide events, and faculty and parent training. The cornerstone is the newly remodeled space decorated with student artwork.

New Bridge Center (River Edge)

Increasing productive behaviors in the classroom while maintaining referred elementary school students in-district is the goal of this program. Close collaboration with the Child Study Team and faculty, plus in-class work with the student to help ensure success, along with individual and group counseling are highlights of this program.

Ramsey School District

Assisting identified students to improve attendance and school performance. Services include supportive on-site mental health counseling, outreach to youth and families, crisis intervention, skills-building workshops and linkage to necessary community based resources.



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