

Healthy Families – TIP Bergen County

Healthy Families – TIP is a voluntary home-based program designed to support and educate new parents to promote healthy families. It serves families receiving prenatal care at Holy Name Hospital, as well as TANF, GA and Emergency Assistance (EA) recipients with a baby under 12 months of age.

Program Goals: Increasing positive childhood outcomes and family function by connecting parents with a family support worker that provides in-home education and supportive services.

Specialized Services:

- Free for families residing in Bergen County.
- Provide proven, research-driven parenting information including infant care and child development.
- Connect families to appropriate community resources
- Provide screenings to identify possible developmental delays.
- Services tailored to meet individual needs and goals.
- Assist with career related goals.

Impact Measures

- 99% have health insurance
- 95% have been screened for Developmental Delay
- 96% are enrolled in WIC
- 89% are up-to-date for immunization

Outcomes Measures

- 96% initiate breastfeeding
- 100% are connected to employment through the One-Stop-Center
- 69% are working or in school by the time the child is 2 years of age

For more information contact:

Bergen Healthy Families – TIP at 201-478-4174 x316
611 Route 46 West, Suite 100 Hasbrouck Heights, NJ 07604

Our Philosophy:

Coping skills and strengths developed in childhood carry into adult life, helping individuals reach their full potential. With this in mind, we strive to deliver programming and resources that assist individuals in navigating our complicated world.



healing one another...together